

# GRAZING WALKS • WOOL TOWNS

EXPLORE OUR UNSPOILT COUNTRYSIDE. TAKE A WALK. GET SOME FRESH AIR AND WORK UP AN APPETITE WHILE YOU ENJOY THE PEACE AND QUIET. CALL IN AT A PUB, CAFÉ OR LOCAL STORE TO BUY SOME FOOD, SAMPLING SUFFOLK'S FINEST INGREDIENTS, THE PERFECT GRAZING WALK.



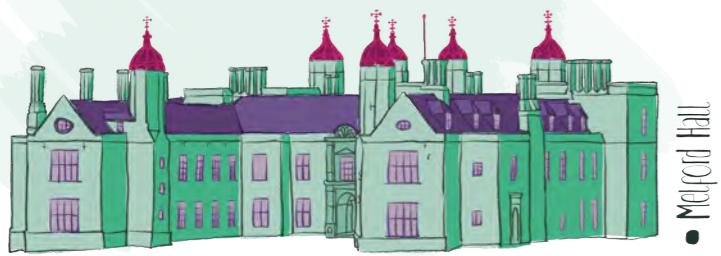
DON'T FORGET TO SHARE YOUR PHOTOS AND TOP TIPS ABOUT THE WALKS ON INSTAGRAM #GRAZINGWALKS

# GRAZING WALKS

WOOL TOWNS



Take a walk to work up an appetite and enjoy some Suffolk-made food.



Melford Hall

## • Kersey

Visit St Mary Church (nicknamed the 'thank God', Church' during the 2nd world war). Take a look inside at the unfinished carving on the beautiful arcading where the mason downed tools in 1349, when the Black Death reached the village. The village is a lovely place for a walk, with great routes to help you work up an appetite.

### x Grazing

# The Bell Inn

# The Miller's Kitchen



[X Kersey Walks Link](#)

## • Lavenham

Picture book, medieval village with many houses untouched due to the decline of the wool trade making modernisation unaffordable for many homeowners. Famous for its Crooked House, and being featured in Harry Potter movies, the town is full of choice when it comes to food and drink, whether you are picking up a picnic or sitting down for a full meal. It is also the perfect place to start a walk.



[X Lavenham Walks Link](#)

## • Assington

Home to a flint and dressed stone church built in the 15th century and look out for the Grade II listed stables and coach house, the only bit of Assington Hall park now remaining. Call in at the local shop, pub, church or village hall to pick up a footpath map and start exploring.



### x Grazing

- # The Foxes Den Kitchen & Rooms
- # Assington Farm Shop

[X Assington Walks Link](#)

## • Belchamp St Paul

### x Grazing

- # The Half Moon Inn

Situated in the beautiful Stour Valley on the Essex Suffolk border, Belchamp St Paul and neighbouring Belchamp Otten were both mentioned in the Domesday Book. Off the beaten track and perfect for a relaxing walk and some food.

[X Belchamp St Paul Walks Link](#)

## • Long Melford

A beautiful village famous for the longest high street in the UK. Long Melford is a place to dwell awhile, packed with great places to eat, and places to explore. Visit Kentwell Hall, Melford Hall and Country Park, the Melford Water Meadows, or venture into the hidden countryside of the Melford Walk along the disused railway line.

[X Long Melford Walks Link](#)



## • Monks Eleigh

A pretty village, nestling in the Brett Valley with St Peter's church at the top of the hill overlooking the village green. A lovely relaxing place to stretch your legs and the Lindsey Rose pub also has some great walking routes to try.

### x Grazing

- # Corn Craft Tea Room
- # Monks Eleigh Community Shop
- # Lindsey Rose, Lindsey

[X Monks Eleigh Walks Link](#)

## • Boxford

Equal in status to Lavenham at the peak of the wool trade, wealthy Boxford merchants even minted their own coins at one point. On your walk, look out for the village bus shelter, originally a lock-up for criminals it still retains the initials 'B.G.' - Boxford Gaol - above its doorways. And if you visit the Fleece pub, spare a thought for the poor woman accused of witchcraft who managed to escape and avoid being burned on the pyre built in the pub yard.

### x Grazing

- # The Fleece
- # Box River Café & Wine Bar
- # Boxford Stores and PO

[X Boxford Walks Link](#)

## • Clare



Proud to be Suffolk's smallest town, Clare boasts a castle, country park, museum and lovely places to walk and eat in the town centre and the surrounding countryside.

[X Clare Walks Link](#)



## • Glemsford

One of the largest villages in Suffolk, with wealth from the historic manufacture of wool. The village suffered heavily when the industry declined, though weaving continued to offer limited respite in the 1800's with silk, horsehair and coconut matting still woven here. A lovely village for a walk or a bike ride with food and drink available to reward your exertions.

[X Glemsford Walks Link](#)



[X Hadleigh Walks Link](#)

## • Cavendish

Cavendish is often described as one of the prettiest villages in Suffolk. It is famous for its thatched cottages and picturesque green, set against a backdrop of the historic Saint Mary's church and the Five Bells free house. A quintessential English village with a community shop that is potentially the oldest shop in Britain.

### x Grazing

- # Tea on the Green
- # The Duck or Grouse Community Shop
- # The George

[X Cavendish Walks Link](#)

## • Polstead

### x Grazing

- # The Brewers Arms
- # The Cock Inn
- # Polstead Community Shop



A great village to start a walk, so call in at the community shop to pick up some local produce and your walking map. Visit Dollops Wood for the bluebells in spring and see how many species of bird you can spot, and if you are here between July and September, call in at Dedham Vale Flower company to pick yourself some flowers to take home.

[X Polstead Walks Link](#)

## • Sudbury

The birthplace of Thomas Gainsborough, home to Gainsborough's House Museum, and the silk capital of the UK. The water meadows are a great starting point for a walk and a picnic, and the thriving town is packed with places to eat and drink. Sudbury is well worth a visit on the Thursday or Saturday market day or visit on the last Friday of the month for lots of Farmers Market foodie treats.



[X Sudbury Walks Link](#)

## Walking Routes and Pathways

Whether you are exploring your neighbourhood or walking off a pub lunch, take the wool towns as your inspiration. Get outside and don't forget to stop for refreshments or reward yourself with a snack.

Pick a location and explore new places, the full list is on the Heart of Suffolk website. Or throw two wheels into the mix and bring your bike along, there are cycle routes to explore as well.

## Travel / Getting Around

Let someone else do the driving for a change, use public transport. Visit Greater Anglia online for train times and ticket information.

Visit Suffolk on Board online for information on all other transport options.

Visit the Heart of Suffolk website for more information



Illustrated and Designed by FIREBRAND CREATIVE

